Weekly check in

DATE _____

TOP 3 THINGS I DID THIS WEEK:

- ○ _____
- ○ _____
- ○ _____

THIS WEEK I FELT:

NEXT WEEK I WANT TO:

_____

_____

_____

_____

MOST REWARDING INTERACTION I HAD:

THINGS I ACCOMPLISHED THIS WEEK:

THE BEST THING ABOUT THE WEEK WAS:

MY RANKING OF THE WEEK

☆ ☆ ☆ ☆ ☆