

Emotional healing Prayer

Heavenly Father,

THANK you for your love, patience, and kindness. THANK you for being the kind of Father who heals and restores your children.

God, today I come to you and ask for strength and restoration. I know that you know all the areas of my heart and soul, and only you can bind every wound and heal every area of brokenness, trauma, and shame in Jesus' name. I surrender all my wounds to you God, all my pain, weakness, and sorrow. Your word says that you "heal the brokenhearted and bind up their wounds" (Psalm 147:3).

Immerse me in your mercy and pour out your spirit to cleanse, heal and restore me. Do what only you can do Lord. Heal my memory, heal my heart, heal my emotions, and heal my soul. Lay your loving hands on me Father and heal me through your love for me.

When the enemy attacks and old feelings start to resonate, remind me that you are stronger and help me to overcome them.

IN Jesus name I pray, Amen.

